Hello,

We are approaching the start of our benefits open enrollment period. As a reminder, this is the one time a year you can make changes to your health insurance plans.

As part of our company’s benefits package this year, you will have the opportunity to enroll in a limited purpose FSA (LPFSA).

**Limited Purpose FSA Overview**

An LPFSA allows you to allocate up to $3,200 pre-tax to pay for eligible vision and dental expenses.

Every dollar you contribute to an LPFSA lowers your taxable income. That means if you earn $40,000 a year and contribute $3,200 to an LPFSA, only $36,800 of your income is subject to tax.

**A few things you should know:**

* You can use your LPFSA to pay for expenses such as eyeglasses, contact lenses, vision exams, LASIK, teeth cleaning, dental x-rays, crowns, and more.
* The account is funded through payroll deductions over the course of the year, but your entire annual contribution is immediately available for use at the beginning of the plan year.
* Ameriflex is our LPFSA administrator. You can learn more about the benefits of an LPFSA on their website at [myameriflex.com/LPFSA](http://myameriflex.com/LPFSA).

Be on the lookout for more information and enrollment instructions during our annual open enrollment meeting